

## 2025 年 CAET 世界论坛——艺术治疗峰会 讲者介绍

### CAET World Forum 2025 Speakers' Bios

按照论坛日程顺序排列

Arrange in the order of the schedule

**1、Val Huet 博士 (法国/英国)** 曾在坎伯韦尔艺术学院接受雕塑训练，并于 1986 年获得艺术治疗师资格。她还是一名合格的团体心理治疗师和组织顾问。在她的职业生涯中，Huet 博士从事过成人、儿童和青少年的心理健康服务工作。几年来，她在国家卫生服务部门管理着一个大型艺术治疗部门。

她曾与艺术治疗师、专职医疗人员、心理学家和心理治疗师在各种环境中合作。2015 年，她完成了关于这一主题的博士学位，目前的实践是与专业人士和团队合作，使用基于艺术的方法治疗工作压力。她将继续在国家医疗服务系统内开展研究工作，同时也是一名自由职业者。由于对身体/心智联系在所有这些过程中的重要性很感兴趣，她与国王学院医院合作设立了一个新项目，为慢性疼痛患者开发在线艺术治疗小组。

2003 年，Huet 博士被任命为英国艺术治疗师协会 (BAAT) 首任首席执行官。2020 年 10 月至 2002 年 7 月，她担任该协会的研究主任。她目前还担任国际创造性艺术教育与治疗协会 (IACAET) 主席。她在国际上发表演讲，并出版了大量著作。她的艺术实践侧重于生活素描和雕塑。

#### **1.Val Huet, France/UK, PhD**

Dr. Val Huet trained in sculpture at Camberwell School of Arts and qualified as an Art Therapist in 1986. She is a qualified Group Psychotherapist and Organisational Consultant. Throughout her career, Dr Huet worked in mental health services with adults, and with children and adolescents. For several years, she managed a large arts therapies department within the National Health Service.

She has worked in partnership with arts therapists, Allied Health Professions, Psychologists, and Psychotherapists within a range of settings. Her practice is now with professionals and teams using art-based approaches for work-related stress, having completed a PhD on this topic in 2015. She continues her research work within the NHS and on a freelance basis. An interest in the importance of the body/mind connection in all these processes has led her to set up a new project with Kings College Hospital where she is developing online art therapy groups for people living with chronic pain.

In 2003, Dr Huet was appointed the first Chief Executive Officer of the British Association of Art Therapists (BAAT). From October 2020 to July 2002, she was its Director of Research. She also serves as the President of International Association of Creative Arts in Education and Therapy (IACAET). She

lectures internationally and has published extensively. Her art practice focuses on life drawing and sculpture.

## **2、 Katherine Irving, 英国**

英国伦敦国王学院医院 NHS 基金会信托顾问风湿病学家

## **2. Katherine Irving, UK**

Consultant Rheumatologist, King's College Hospital NHS Foundation Trust, London UK

**3、 Marcia Plevin (美国/意大利)**，舞蹈家，舞蹈教育家和高阶督导级舞蹈治疗师，意大利注册心理学家、艺术心理治疗师、Bologna 表达性心理治疗学院意大利艺术治疗协会 (ATI) 舞蹈/动作治疗的导师和督导师、亿派学院中美舞蹈治疗师职业认证项目的高级导师和嘉力文技法国际认证创意舞动导师认证项目的项目总监。ATI “真实动作”硕士学位课程创始人之一，真实动作“四人圈”培训学科的教员。

## **3.Marcia Plevin, US/Italy, BC-DMT**

Marcia Plevin is a certified Italian psychologist, art psychotherapist, Dance/movement therapy teacher and supervisor for Art Therapy Italiana (ATI), Institute of Expressive Psychotherapy, Bologna, member of the dance therapy faculty of Inspirees Institute, China.. Co-founder of Masters program, Ground form of Authentic Movement through ATI. Faculty member ,Discipline of Authentic Movement Circles of Four training.

**4、 Christina Devereaux 博士 (美国)** 是德雷塞尔大学护理与健康职业学院的临床副教授兼舞蹈/动作治疗与咨询项目主任。她曾在安蒂奥克大学新英格兰分校应用心理学系担任项目主任和副教授，并在普拉特学院担任了 13 年的兼职副教授。目前，她是亿派中美舞蹈治疗师职业认证培训项目的高级教师，也是新西兰舞蹈治疗项目的国际教员。2011 年至 2017 年，她担任《美国舞蹈治疗杂志》的联合编辑，并两次获得美国舞蹈治疗协会 (ADTA) 颁发的主席奖，以表彰她对舞蹈治疗行业的杰出贡献 (2008 年和 2017 年)。美国国家公共广播电台 (NPR)、中国中央电视台都曾对她进行过报道，她还作为主持人参加了 2014 年美国舞蹈治疗协会以舞蹈治疗和自闭症为主题的系列讲座。除了撰写许多章节和在期刊上发表文章外，她还在《今日心理学》上发表了博客“运动中的意义：与心灵共舞”。

## **4.Christina Devereaux, USA, PhD, LCAT, LMHC, BC-DMT, NCC**

Christina Devereaux is an Associate Clinical Professor and Program Director for the Dance/Movement Therapy and Counseling program at Drexel University, College of Nursing and Health Professions. She is former Program Director and Associate Professor at Antioch University New England in the Department of Applied Psychology and Adjunct Associate Professor at Pratt Institute for 13 years. She currently serves on the senior faculty at Inspirees, a training program for DMT in China, and an international faculty member for Dance Therapy New Zealand. She served as co-editor of the American Journal of Dance Therapy from 2011-2017 and a two-time President's Award recipient from the American Dance Therapy Association (ADTA) for her outstanding contributions to the profession (2008 and 2017). She was featured on National Public Radio (NPR), CCTV, the largest television station in China, and as a presenter for the 2014 ADTA Talks series focusing on DMT and autism. In addition to authoring many chapters and journal publications, she has a blog with Psychology Today "Meaning in motion: Dancing with the mind in mind."

**5、 Vivien Speiser 博士 (美国)** 是莱斯利大学艺术与社会科学研究生院艺术与健康研究所的联合主任和名誉教授。她还是威特沃特斯兰德大学生活戏剧项目的杰出副研究员。她是一名持证心理健康咨询师、舞蹈治疗师、表达性艺术治疗师和教育家。她的工作使她有机会与美国、以色列和国际上的团体合作。

她将艺术作为一种跨国界、跨文化的交流方式，并相信艺术的力量能够为个人和社会的变革和转型创造条件。作为以色列艺术学院项目的前创始人和主任，她对表达性艺术治疗在该国的发展颇具影响力。她目前的兴趣是与受胁迫的社区合作、通过艺术治疗创伤以及跨文化冲突转化。她是《艺术、教育与社会变革》一书共同编辑，该书由 Peter Lang 出版。

Speiser 博士曾在世界各地任教，她坚信艺术是一种跨越国界和文化的交流方式。她相信艺术能够为个人和社会的变革和转型创造条件。她的兴趣和专长在于通过综合艺术方法与处于困境中的社区合作。她的许多著作都是基于她通过艺术解决创伤和跨文化冲突的工作。此外，她还是创作和表演“成人仪式”以及在表达性治疗实践中使用表演的专家。

她对该领域的贡献使她成为舞蹈和表达性治疗领域的国际领导者，最近，她还获得了 2020 年和 2023 年的富布赖特学者奖，以及 2019 年《应用艺术与健康杂志》颁发的终身成就奖。其他奖项包括全球艺术与健康联盟 (Global Alliance for Arts and Health) 颁发的 2014 年杰出研究员奖 (Distinguished Fellows Award) 和以色列表达与创造性艺术治疗协会 (ICET) 颁发的 2015 年终身成就荣誉研究员奖 (Honorary Fellow Lifetime Achievement Award) 。

## **5. Vivien Speiser, USA, PhD**

Vivien Speiser is the Co-Director and Professor Emerita of the Institute for Arts and Health in The Graduate School of Arts and Social Sciences, Lesley University. She is also a Distinguished Research Associate in the Drama for Life Program at the University of the Witwatersrand. She is a licensed mental health counselor, a dance therapist and an expressive arts therapist and educator. Her work has allowed her unparalleled access to working with groups across the United States, Israel and internationally.

She has used the arts as a way of communicating across borders and across cultures and believes in the power of the arts to create the conditions for personal and social change and transformation. As former founder and director of the Arts Institute Project in Israel, she has been influential in the development of Expressive Arts Therapy in that country. Her current interests are in working with communities under duress, trauma through the arts, and cross-cultural conflict transformation. She is a co-editor of *The Arts, Education and Social Change: Little Signs of Hope*, published by Peter Lang.

Dr Speiser has taught throughout the world and believes in the use of the arts as a way of communicating across borders and across cultures. She believes in the power of the arts to create the conditions for personal and social change and transformation. Her interests and expertise lie in the areas of working with communities under duress through an integrated arts approach. Many of her publications are grounded in her work with trauma and cross-cultural conflict resolution through the arts. In addition, she is an expert in the creation and performance of 'rites of passage rituals' and in the use of performance in expressive therapy practice.

Her contributions to the field have made her an international leader in dance and expressive therapy, and most recently earned her Fulbright Scholar Awards in 2020 and 2023 as well as a lifetime achievement award from the Journal of Applied Arts and Health in 2019. Other awards include the 2014 Distinguished Fellows Award from the Global Alliance for Arts and Health and a 2015 Honorary Fellow Lifetime Achievement award from the Israeli Expressive and Creative Arts Therapy Association (ICET).

**6. Devika Mehta (印度)** 是一名执业舞蹈动作心理治疗师 (R-DMP) , 已在英国舞蹈动作心理治疗协会 (ADMP(UK)) 和印度舞蹈动作治疗协会 (IADMT) 注册。她是孟买圣泽维尔学院表达性艺术治疗研究生文凭项目的课程主任, 也是舞蹈动作治疗文凭课程的教师。

Mehta 女士是 "Synchrony" 组织的共同创始人, 该组织通过创意艺术为不同人群提供心理健康服务和培训。她是 IADMT 的财务主管和创始董事会成员。她还是印度创意舞动治疗协会顾问委员会成员。她曾代表印度参加多个国际会议, 并撰写了关于亚洲舞动治疗发展的文章。她感兴趣的领域包括神经康复、身体中的文化意识以及青少年工作。

**6.Devika Mehta, India, UK/RDMP**

7.Devika Mehta is a practicing Dance Movement Psychotherapist (R-DMP) registered with Association of Dance Movement Psychotherapy, UK (ADMP(UK)) and Indian Association of Dance Movement Therapy (IADMT). She is the Course Director for the Post Graduate Diploma Program in Expressive Arts Therapy at St.Xavier's College, Mumbai and faculty for Diploma courses in Dance Movement Therapy.

She is the Co-Founder of 'Synchrony', an organisation that provides mental health services and trainings through creative arts with various populations. Ms. Mehta is the elected Treasurer and the Founding board member of IADMT. She is an Advisory Board Member of Creative Movement Therapy Association, India. She has represented her work in India on multiple International Conferences and contributed to article on development of DMT in Asia. Her areas of interest are in that of neuro-rehabilitation, cultural consciousness in the body and working with adolescents.

**7、Paul N. Animbom 博士 (喀麦隆)** 是喀麦隆巴门达大学治疗传播、戏剧、电影和媒体研究副教授兼表演和视觉艺术系主任。他拥有比利时布鲁塞尔自由大学信息与传播科学博士学位。他是伊拉斯谟世界奖学金计划、Bourse Meurs François 和 Fonds Van Buuren 的获奖者，曾在丹麦哥本哈根大学艺术与文化研究系担任博士后研究员。

Paul 是一名心理健康倡导者、健康艺术推广者和实践者，在国内外同行评审期刊和手册上发表过多篇科学论文。他的研究兴趣是健康传播、媒体、电视和电影研究、治疗性戏剧和心理健康。他是喀麦隆艺术相关疗法研究与实践中心的创始人和主席；喀麦隆青年科学家学院 (CAYS) 的传播秘书/创始成员。

#### **7. Paul N. Animbom, Cameroon, PhD**

Dr. Paul Animbom is an Associate Professor of Therapeutic Communication, Theatre, Film, and Media Studies and Chair of the Department of Performing and Visual Arts at The University of Bamenda, Cameroon. He holds a Ph.D. in Information and Communication Sciences from Université Libre de Bruxelles, Belgium. Laureate of the Erasmus Mundus Fellowship scheme, Bourse Meurs François and Fonds Van Buuren, and former Postdoctoral fellow at the Department of Arts and Cultural Studies, University of Copenhagen, Denmark.

He is a mental health advocate, arts in health promoter and practitioner, and author of many scientific publications in national and international peer-reviewed journals and handbooks.

His research interest is in health communication, media, television and film studies, therapeutic theatre, and mental health. He is the Founder and President of the Centre for Research and Practice of Art-related Therapy, Cameroon; and Communication Secretary/Founding member of the Cameroon Academy of Young Scientists (CAYS).

**8、胡俊博士 (中国)**，杭州师范大学“艺游学 (A/r/t) 研究院”院长，以“艺游学者”自居——游走于“艺术创造 (A; artist)、学术研究 (R; researcher)、课程教学 (T; teacher)”三者之间 (/) ——从三者的相互作用中获得灵感，产生新知。作为“国际艺术教育学会” (InSEA) 亚洲理事会主席，他是东亚美术教育界的领军人物。他所著《中国画写意传统的世界性研究》获“第 21 届浙江省社会科学成果奖”一等奖，著其一章《间：抽象单位》的《间：教与学的物质性》获 2020 年 (美国) 教育学教授学会“杰出著作奖”提名。作为“艺术无障碍”公益项目的创始人，他的艺术疗愈项目以其有效性与创新性获得国际国内高度评价，包括“看‘不见’的绘画”盲人版画项目获 2 项国家级金奖、1 项国家级资助、2 项省级金奖、一项铜奖。他以佛学、道家思想融汇贯通艺游学，倡导“逆向融合”——通过艺术赋能弱者、残疾者、不幸者来干预社会难题。

#### **8. Hu Jun, China, PhD**

Dean of A/r/tography Research Center of Hangzhou Normal University considers himself an a/r/tographer that resides in the liminal spaces in-between the artist, the researcher and the teacher, drawing inspiration and developing knowledge out of their mutual impact. As Chair of Asian Regional Council of International Society for Education through Art (InSEA), he is taking leading role in art education in East Asian region. He is author of *The Cosmopolitan Character of Chinese Expressive Ink Painting* that won “First Prize Award of Social Science Research Achievements of Zhejiang Province” in 2021, and chapter author of *Ma as a Machinic Component in ma: Materiality in teaching and learning* that won the “Outstanding Book Award Honorable Mention” of the Society of Professors of Education (USA) in 2020. As founder of A/r/tlink Charity Project, his therapeutic art projects have won national and international recognition for functionality and ingenuity, including the “In/visible” that enables the blind kids to engage in print-making, which has won 2 Gold Prizes and 1 Award at national level, and 2 Gold Prize and 1 Copper Prize at provincial level. Adapting a/r/tography with Buddhism and Taoism, he promotes “reverse inclusion” to engage social problems by empowering the weak, the disadvantaged and the disabled with artistic creativity.

**9、Krystal Leah Demaine 博士 (美国)** 是一位音乐治疗师、表达性艺术治疗师，美国马萨诸塞州贝弗利恩迪科特学院的表达性治疗学科的教授。她著有《心灵的根源与节奏》 (2022 年) 和《表达性治疗写作》 (Demaine 和 Einstein, 2024 年, Routledge 出版社)。

她拥有委员会认证的音乐治疗师、注册表达性艺术治疗师和注册瑜伽教师资格，并接受过神经音乐治疗、健康表现、心理健康综合医学和创伤敏感心法的高级培训，她还是临床应用创伤和复原力认证专家 (CTRS-C) 和倾听小时 (Listening Hour) 的实践者。她撰写了大量经同行评审的文章和书籍章节，并在全球各地发表了她的工作成果。Krystal 目前是马萨诸塞州贝弗利恩迪科特学院表达性治疗学科的

教授，教授艺术治疗和表达性艺术治疗本科学位课程，并负责协调两年一度的恩迪科特学院表达性治疗研讨会。她是美国艺术治疗协会（AATA）本科教育委员会委员、国际表达性艺术治疗协会（IEATA）东北分会专业发展委员会主席、IEATA 会议规划委员会委员和贝弗利文化委员会委员。

#### **9. Krystal Leah Demaine, USA, PhD, MT-BC, REAT**

Dr. Krystal Leah Demaine, a Music Therapist, Expressive Arts Therapist, and Professor of Expressive Therapies at Endicott College in Beverly, MA, USA, practices HEARTful healing note by note, through song, story, poetry, and creative curiosity. She is the author of *The Roots & Rhythm of the Heart* (2022) and *Expressive Therapeutic Writing* (Demaine & Einstein, 2024, Routledge).

She holds credentials as a Board-Certified Music Therapist, Registered Expressive Arts Therapist, and Registered Yoga teacher with advanced training in Neurologic Music Therapy, Performance Wellness, Integrative Medicine for Mental Health, and Trauma Sensitive HeartMath. She is a Certified Trauma and Resilience Specialist in Clinical Application (CTRS-C) and is a Listening Hour Practitioner. She has written numerous peer-reviewed articles and book chapters and presented her work across the globe. She is currently Professor of Expressive Therapies at Endicott College in Beverly, MA teaching Art Therapy and Expressive Arts Therapy undergraduate degree programs and coordinating the biennial Endicott College Expressive Therapies Symposium. She serves on the undergraduate education committee of the American Art Therapy Association (AATA), is Chair of Professional Development Committee of the Northeast Chapter of the International Expressive Arts Therapy Association (IEATA), is on the IEATA conference planning committee, and the Beverly Cultural Council.

**10、安鹏铖博士（中国）**，南方科技大学设计学院助理教授，获得荷兰埃因霍温理工大学工业设计系博士学位，并在同系完成了博士后研究项目和多项教学工作。之后，他加入加拿大滑铁卢大学计算机科学学院，担任博士后研究员和兼职讲师。他的研究主要聚焦于面向教育和治疗用途的新兴智能交互系统的设计及其影响，包括对人机交互在表达性艺术治疗中的应用进行了一系列探索。

#### **10. Pengcheng An, China**

Assistant Professor of the School of Design at Southern University of Science and Technology. He received his Ph.D. degree from the Department of Industrial Design, Eindhoven University of Technology, the Netherlands. In the same department, he fulfilled a postdoctoral research program and several teaching duties. After that, he joined the School of Computer Science at the University of Waterloo, Canada, as a postdoctoral research fellow and sessional lecturer. His research focuses on the design and implications of emerging intelligent, interactive systems for educational and therapeutic purposes, including a series of explorations of human-AI interaction for expressive arts therapy.

**11、Linda E.Chapman (加拿大)** 持有 MCAT、RP、RCAT 认证，注册艺术治疗师，安大略省注册心理治疗师协会临床成员，位于加拿大安大略省多伦多。Linda 在私人执业中提供带有或不带有艺术治疗的心理治疗服务，同时在 Sunnybrook 健康科学中心担任心理健康部门的艺术治疗师。

**11.Linda E. Chapman, Canada,** MCAT, RP, RCAT, Art Therapist, Clinical Member Ontario Society of Registered Psychotherapists.

Linda E. Chapman, R.P., Registered Art Therapist, is located in Toronto, Ontario.

Linda works both in private practice, where she offers psychotherapy with and without art therapy, and at Sunnybrook Health Sciences Centre, where she is the Art Therapist in Mental Health.

**12、刘嘉 (中国)**，艺术治疗师，DeArt 积极艺术成长社区联合创始人，美国艺术治疗协会会员。

教育背景：艺术治疗与心理咨询（美国阿德勒大学）、人机交互（美国德保罗大学）、工业设计（中国深圳大学）。她是美国艺术治疗协会会员，上海心理学会艺术心理学专业委员会成员，正向纪律认证讲师，高级沙盘治疗师，并且是 DeArt 积极艺术成长社区的联合创始人。

刘嘉是一位艺术治疗师、教育者和研究者，热衷于帮助个人和团体探索自我。她积极参与各类会议发表演讲，为多类人群举办工作坊，参与高校研究，并为中国的初学者提供教学和督导。她翻译出版了《洞见阿德勒艺术治疗：通过个体心理学的视角》。她与多个组织合作，积极推广艺术治疗，希望更多人能从中受益。

**12. Jia Liu (China),** Art Therapy/Counseling. Adler University (U.S.), Human-Computer Interaction. DePaul University (U.S.), Industrial Design. Shenzhen University (China), Member of American Art Therapy Association, Member of Shanghai Psychological Society Professional Committee on Art Psychology, Certified Instructor of Positive Discipline, Advanced Sand Tray therapist, Cofounder of DeArt Positive Art Growth Community.

She is an Art Therapist, an educator, and a researcher. She enjoys working with individuals and groups to help them exploring themselves. She presents on various conferences, holds workshops for multiple population, participates in university researches, provides teaching and supervision for the beginners in China. She translated and published a book: Insight into Adlerian art therapy: Through the lens of individual psychology. She actively works with different organizations to promote art therapy and hopes that more people could benefit from it.

**13、Deborah Green 博士 (新西兰)** 是一位充满热情的实践者，在她作为治疗师、教育家、艺术研究者，以及惠特克利夫学院创造性艺术治疗学院院长角色的中，她拥抱了魔术师般的游戏性。她在南



非开始了艺术、教育和健康相互交织的职业生涯。在南非大学和卫生部门（1990 年至 2004 年），她学习戏剧研究、授课、从事教育/社区戏剧和社区发展工作，然后获得成人教育硕士学位，从事生活技能和艾滋病毒/艾滋病教育与咨询工作。

抵达新西兰奥特亚罗瓦后，她通过 Whitecliffe 接受了艺术治疗师培训。2016 年，她被奥克兰大学授予博士学位，论文以艺术为基础，探讨了她在坎特伯雷地震期间的艺术治疗实践。她是艺术实践的热心倡导者，在多个机构指导硕士和博士/博士后学生，是学术期刊《JoCAT》的联合编辑，在一系列学术期刊和书籍中发表过关于其创造性艺术治疗/研究工作各个方面的文章，并在澳大利亚、新西兰、新加坡、加拿大、英国和美国的会议/研讨会上发表过演讲。

### **13. Deborah Green, New Zealand, Phd**

Deborah is a passionate practitioner of entangled praxes, embracing Trickster playfulness within her roles of therapist, educator, arts-based researcher and Head of the School of Creative Arts Therapies at Whitecliffe College. She began her career of interwoven arts, education and health in South Africa. Within the South African University and Health sectors (1990 to 2004) she studied Drama Studies, lectured, worked in educational/community theatre, and community development, then gained a Masters in Adult Education, lectured, and worked in lifeskills and HIV/AIDS education and counselling.

Upon arrival in Aotearoa, New Zealand, she trained as an Arts Therapist through Whitecliffe. She was awarded her PhD by the University of Auckland in 2016 for an arts-based autoethnographic thesis exploring her arts therapy practice during the Canterbury earthquakes. She is an ardent advocate of arts-based practices, supervises masters and PhD/Prof Doc students at various institutions, is co-editor for the academic journal JoCAT, has published on various aspects of her creative arts therapy/research work in a range of academic journals and books and has presented at conferences/symposia in Australia, New Zealand, Singapore, Canada, the United Kingdom and the United States.

**14、Phillip Speiser 博士 (美国)** 是一位表达性艺术教育/治疗师、戏剧治疗师和心理剧作家。四十多年来，他为儿童、青少年和家庭开发并实施了综合艺术治疗和教育计划。他目前是马萨诸塞州波士顿 Parkside 艺术与健康协会的主任。他曾担任马萨诸塞州诺威尔市 Arbour 咨询部分住院治疗项目的主任，也是波士顿惠提尔街健康中心艺术治疗部的创始主任。他曾为全球冲突中的个人和团体工作并开发项目。9/11 事件后，他在波士顿和纽约市开发并实施了“疗愈艺术计划”，这是一项以艺术为基础的“创伤恢复/预防”计划。

20 世纪 90 年代初，他是国际表达性艺术治疗协会的创始成员之一，并担任该协会的联合主席。20 世纪 80 年代，他旅居瑞典，在整个斯堪的纳维亚半岛从事表达性艺术和表达性艺术治疗领域的开拓

性工作。Phillip 是马萨诸塞州剑桥莱斯利大学 (Lesley University) 的高级讲师, 也是南澳大利亚威特沃特斯兰德大学 (University of the Witwatersrand) “生命戏剧” (Drama For Life) 的助理研究员。他曾在美国和国外的许多学院和大学任教。他在心理健康、特殊教育、艺术与医学/健康/残疾以及冲突转化等领域开展了广泛的工作。

#### **14. Phillip Speiser, USA, PhD, REAT, RDT-BC**

Dr. Philip Speiser is an expressive arts educator/therapist, drama therapist, and psychodramatist who has developed and implemented integrated arts therapy and educational programs for children, adolescents and families for over four decades. He is currently Director of Parkside Arts and Health Associates in Boston Massachusetts. He has served as director at the Arbour Counseling Partial Hospitalization Program in Norwell, MA and also the founding director of the arts therapy department at Whittier Street Health Center, Boston. He has worked and developed programs with individuals and groups in conflict around the globe. After 9/11 he developed and implemented the Healing Arts Program, an arts-based ‘trauma recovery/prevention’ program in Boston and New York City.

In the early 1990’s he was a founding member of the International Expressive Arts Therapy Association and served as co-chair. During the 1980’s he lived in Sweden and did pioneering work in the field of Expressive Arts & Expressive Arts Therapy throughout Scandinavia. Phil is a senior lecturer at Lesley University, Cambridge MA & research associate at Drama For Life, University of the Witwatersrand, SA. He has taught at numerous colleges and universities in the U.S. and abroad. He has worked extensively within the fields of mental health, special education, arts and medicine/health/disabilities and conflict transformation.

**15. 何天虹博士 (中国香港)**, 教授, BC-DMT, REAT, AThR, RSMT, CMA, CGP, 是香港大学社会工作及社会行政学系教授和行为健康中心主任。她拥有生物学、解剖学、社会工作和社会管理学位, 以及表演艺术和运动分析、舞蹈教学和体感运动疗法的专业文凭。她多年来一直从事研究人员、心理治疗师、教师和艺术家的工作, 并获得许多国际学术和研究奖项。

#### **15. Rainbow T. H. Ho, Hong Kong China, PhD, BC-DMT, REAT, AThR, RSMT, CMA, CGP,**

Dr. Rainbow Ho is the Professor at the Department of Social Work and Social Administration, and Director of the Centre on Behavioral Health, the University of Hong Kong. She holds degrees in Biology, Anatomy, Social Work and Social Administration, professional diplomas in performing arts and movement analysis, dance teaching and somatic movement therapy. She has been working as a researcher, psychotherapist, teacher and artist for many years and received many international academic and research awards.

**16、Nsamu Moonga 博士 (赞比亚)** 是赞比亚出生的一名受过古典音乐训练的歌手，是南非健康专业委员会的执业音乐治疗师，也是赞比亚咨询委员会的专业心理治疗师。Nsamu 拥有心理学学士学位和医学硕士学位。他曾在世界音乐治疗联合会、国际音乐与医学协会、国际创造性艺术教育与治疗协会和南非国家艺术治疗协会任职。Nsamu 是比勒陀利亚大学的博士生，也是比勒陀利亚大学和约翰内斯堡大学的讲师。他的博士研究探讨了癌症患者如何利用本土音乐艺术来控制焦虑和痛苦。他发表了多篇著作，包括书籍章节和期刊文章，并经常在会议上发言。他还担任《声音》和《南非艺术治疗期刊》两本期刊的编委。他的作品探讨健康、生活方式选择、医疗并发症、人类性行为、性别、精神体验和社会心理支持，侧重于反压迫实践和非干预实践。

#### **16. Nsamu Moonga, Zambia, PhD**

Nsamu Moonga is a Zambian-born, classically trained singer and licensed music therapist with the Health Professions Council of South Africa and as a professional psychotherapist with the Zambia Counselling Council. Nsamu holds a BA in Psychology and an MMT. He has served on the World Federation of Music Therapy, the International Association for Music and Medicine, the International Association for Creative Arts in Education and Therapies, and the South African National Arts Therapies Association. Nsamu, a PhD candidate at the University of Pretoria, is a lecturer at the University of Pretoria and the University of Johannesburg. Nsamu's PhD research explores how people with cancer can utilise the indigenous musical arts to manage anxiety and distress. He has multiple publications, including book chapters and journal articles, and is a regular speaker at conferences. He also serves on the editorial boards of two journals, Voices and the South African Journal of the Arts Therapies. His work explores health, lifestyle choices, medical complications, human sexualities, gender, spiritual experiences, and psychosocial support, focusing on anti-oppressive practices and non-interventionist practices.

**17、Clive Holmwood 博士 (英国)** 是英国注册戏剧治疗师，德比大学艺术、人文和教育学院艺术学院治疗性艺术学科的副教授。他教授戏剧治疗硕士研究生课程，负责临床督导和理论与研究模块。他拥有 25 年的戏剧治疗师职业生涯，在私人诊所工作，并撰写和编辑了该领域的各种书籍和文章。Clive 在英国华威大学获得了教育学博士学位。其毕业论文《戏剧教育和戏剧治疗 - 探索学科之间的空间》，在 2014 年由 Routledge 出版社发表。他还是 2016 年由 Routledge 出版的《国际戏剧治疗手册》的编辑之一。他的最新作品《学习作为高等教育中的创意和发展过程：治疗性艺术方法及其更广泛的应用》将于今年下半年出版。Clive 还教授创造性和表达性艺术、健康与幸福（荣誉）文学士学位课程，负责个人指导和专业戏剧模块。他还是学院的高级研究员，对跨学科实践、戏剧教育、发展性游戏、戏剧治疗和健康艺术很感兴趣。他还负责指导博士生。

### 17. Clive Holmwood, UK, PhD

Dr. Clive Holmwood is the Associate Professor in the Discipline of Therapeutic Arts within the School of Arts, in the College of Arts, Humanities and Education at the University of Derby. He teaches on the Post-graduate MA Dramatherapy with responsibility for clinical supervision and theory & research modules. He has a 25 year career as a dramatherapist, works in private practice and has written and edited various books and articles in this field. Clive also teaches on the BA (Hons) Creative Expressive Arts, Health and Wellbeing Degree Programme with responsibility for personal tutorship and specialist drama modules. He is also a Senior Researcher within the College with an interest in interdisciplinary practice, drama education, developmental play and dramatherapy and arts in health. Clive supervises doctoral students.

**18、周宇博士 (中国/荷兰)** , 生物医学博士, 国际认证动作分析师, 亿派教育集团联合创始人及 CEO。中国心理学会/临床与心理咨询专业委员会/艺术治疗学组组长, 国际创造性艺术教育及治疗协会 (IACAET) 创立董事及总秘书长。国际学术期刊 CAET 《创造性艺术治疗及教育-东西方视角》创刊人和执行总编。中央美术学院设计学院艺术治疗研究生导师。国际学术期刊《身体及舞动心理治疗》国际学术顾问委员会委员。世界舞蹈治疗联盟初创董事会成员。国际认证精益希格玛黑带。主要研究领域: 创造性艺术身心教育与治疗, 跨文化领导力。

2005 年将舞蹈治疗引入中国并在 2010 年建立了中国第一个依照美国舞蹈治疗协会标准的认证培训项目 (研究生级别)。连续数年代表中国在国际艺术治疗会议上做专题发言。他先后在国内核心期刊发表艺术身心教育与治疗重点综述文章, 国际学术期刊发表十余篇英文文章。专业经典著作《舞蹈动作治疗-疗愈的艺术》及《每一个个体都是一个机体》中文版, 《创造性艺术教育及治疗前沿》专著的总编辑。主持和建立了中国第一个艺术治疗的核心数据库。

### 18. Tony Yu Zhou, China/Netherland, PhD, CMA

Dr. Zhou holds a doctoral degree in biomedicine and has been working and living in China and Europe for many years. Though trained as a scientist, he has been greatly intrigued by modern dance and dance therapy since 2002. He has played an important role in driving the development of creative arts therapy and education in China and the world.

Dr. Zhou serves on an international advisory board for the journal *Body, Movement and Dance in Psychotherapy*. He founded [Inspirees Education Group](#) and [Creative Arts Education and Therapy \(CAET\) – Eastern and Western Perspectives](#), the international open access journal. He is also a certified movement analyst (CMA) trained by LIMS in New York. Dr. Zhou is the team leader for the Chinese Group of Arts Therapy, Chinese Psychological Society, Guest Professor of Beijing Normal University, Co-founder and

core member of World Alliance of Dance Movement Therapy. He also serves as the CEO of International Association of Creative Arts in Education and Therapy (IACAET).

**19、Michael A. Franklin 博士 (美国)** 是超个人艺术治疗研究生课程的前任主席，也是科罗拉多州博尔德纳罗帕大学纳罗帕社区艺术工作室 (NCAS) 的创始人和主任。在他的职业生涯中，Michael 一直从事临床、教育和实践研究工作。在纳罗帕大学任职之前，他曾在圣特蕾莎学院和鲍林格林州立大学指导艺术治疗项目。

Michael 在国内和国际上就艺术与瑜伽、艺术与冥想、艺术作为意象智能等问题发表演讲并主持研讨会。他发表了 30 多篇论文，涉及美学、自尊、AID 的图标学、解释策略、超个人艺术治疗、社区艺术治疗、艺术共情干预以及包括瑜伽和冥想在内的沉思方法等多个主题。作为一名艺术家和作家，他目前的研究重点是整合视觉艺术、社会参与、瑜伽哲学和冥想之间的关系。

#### **19. Michael Franklin, USA, PhD, ATR-BC**

Michael A. Franklin is the past chair of the graduate Transpersonal Art Therapy program and is the founder and director of the Naropa Community Art Studio (NCAS) at Naropa University in Boulder Colorado. Throughout his career, Michael has worked as a clinician, educator, and practitioner-researcher. Prior to his position at Naropa University he directed the art therapy programs at the College of St. Teresa and Bowling Green State University.

Michael lectures and leads workshops nationally and internationally on art and yoga, art and meditation, and art as imaginal intelligence. He has published over 30 papers on various subjects including aesthetics, self-esteem, AID's iconography, interpretive strategies, transpersonal art therapy, community-based art therapy, art-based empathic interventions, and contemplative approaches including yoga, and meditation. His current research as an artist and writer focuses on integrating the relationships between visual art, social engagement, yoga philosophy, and meditation.

**20、Amber Elizabeth Gray 博士 (美国)** 是一名持证的人权心理治疗师、创新运动艺术家、委员会认证的舞蹈/动作治疗师、培训师和教育家、Continuum 导师和公共卫生专业人员。在过去的 20 年里，Amber 一直致力于为她的信念服务，即“每个人都有权以自己选择的方式居住在自己的身体里”，她是将躯体心理学和运动疗法（舞蹈/动作治疗、瑜伽、Continuum 疗法）用于创伤、酷刑、战争和人权侵犯幸存者的创新者。Amber 的专业知识体现在她发表的许多文章和章节、主题演讲、专业合作以及在世界各地的演讲中。她提供了关于将难民心理健康和酷刑治疗与创造性艺术、正念和身体疗法相结合的临床培训。自 20 世纪 90 年代末以来，她的工作已在全球 30 多个幸存者项目中使用。

她的职业道路横跨教育、社会变革、国际关系、公共卫生、深层组织身体治疗、颅骶治疗、芳香疗法和能量医学。她的临床经验包括躯体心理学、舞蹈/动作治疗、生态心理学、沉思心理疗法、创伤认知行为疗法、EMDR、躯体体验和叙事暴露疗法。

Amber 提出了一个以恢复力为基础的框架，即“Poto Mitan 创伤与恢复力框架”。恢复性动作心理疗法综合了躯体、动作、舞蹈、正念和艺术治疗。Poto Mitan 在克雷奥尔语中的字面意思是“中心点”，意为万物的中心。在与跨文化、低资源背景下的创伤幸存者合作时，“Poto Mitan 框架”综合了斯蒂芬·波尔格斯博士 (Dr. Stephen Porges) 的“多迷走神经理论”中的全身智慧、运动智慧以及海地传统医学和精神实践。她是海地传统的 Sevito Fran Ginee，曾在萨米兰、澳大利亚、尼泊尔、危地马拉和美国与神秘主义者和医学者一起学习。

## **20. Amber Elizabeth Gray, USA, PhD, MPH, LPCC, BC-DMT, NCC**

Dr. Amber Elizabeth Gray is a licensed human rights psychotherapist, innovative movement artist, board certified dance/movement therapist, master trainer and educator, Continuum teacher, and public health professional. An innovator in the use of somatic psychology and movement-based therapies (Dance/Movement Therapy, Yoga, Continuum) with survivors of trauma, torture, war, and human rights abuses, Amber has spent the last 20 years in service of her belief that, “Every human being has the right to inhabit their body in the way they choose”. Amber’s expertise is represented in many published articles and chapters, keynote addresses, professional collaborations, and presentations around the world. Amber has provided clinical training on the integration of refugee mental health and torture treatment with the creative arts, mindfulness, and body-based therapies. Her work has traveled to more than 30 programs for survivors worldwide since the late 1990s.

Her professional path traverses education, social change, international relations, public health, deep tissue bodywork, cranial-sacral therapy, aromatherapy, and energy medicine. Clinical influences include somatic psychology, dance/movement therapy, eco-psychology, contemplative psychotherapy, trauma-focused cognitive behavioral therapy, EMDR, somatic experiencing, and narrative exposure therapy.

Amber has originated a resiliency-based framework, The Poto Mitan Trauma & Resiliency Framework, a Restorative Movement Psychotherapy for mind-heart-body-spirit integration. [Restorative Movement Psychotherapy](#) integrates somatic, movement, dance, mindfulness and arts-based therapies. Poto Mitan is literally “center post” in Kreyol, meaning the center of all things. Working with survivors of trauma in cross cultural, low resource contexts, the Poto Mitan Framework synthesizes the wisdom of whole-body, moving intelligence of Dr. Stephen Porges’ Polyvagal Theory with Haitian traditional medicine and spiritual practice. She is a Sevito Fran Ginee in the Haitian tradition, and has studied with mystics and medicine people in Samiland, Australia, Nepal, Guatemala, and the United States.

**21、方曼博士 (中国/德国)** 是德国海姆霍兹可持续发展研究所客座科学家, 「慢调国际 MTCC」 社企创始人兼 CEO, 跨文化沟通对话协调人; 柏林东西方对话: 科学与艺术系列沙龙发起者, 在德华人成长与沟通团体带领者; COP26/27/28 连续三年联合国气候变化大会“反思对话空间”: 艺术性表达体验带领者。先后受聘为柏林艺术大学 (UDK-Berlin)、柏林 Fresenius University for Applied Sciences, 柏林自由大学, 柏林 Charité 医学院客座讲授跨文化沟通课程。她长期致力于心理学与公共治理的跨学科、跨文化思考与实践, 探索心理动力团体、冥想、家庭系统治疗、舞动治疗等心理发展理念与技术, 在个人发展、参与式沟通、组织有机发展乃至全球可持续发展中的融合与运用。

**21. Fang Man, China/Germany, Dr. P.A. ; M.A. Psychology**

Affiliate Scholar at Research Institute for Sustainability Helmholtz Centre Potsdam(RIFS-Potsdam), Founder and CEO of Mandiao Transcultural Consulting Co.,Ltd., trained as psychologist and psychotherapist both in China and Germany, has been developing methodologies and approaches inspired by Psychodynamic Group Therapy, Satir Model based transformative family therapy and Body and Movement Therapy, applying into Trans-cultural and -disciplinary Communication Groups. As a facilitator, she is devoting herself into the mission of empowering the competence of intercultural discourse and promoting the integration of multicultural identifications. Initiator of the East-West Dialogue: Science and Art Salon Series in Berlin; leader of the Chinese Individual Growth and Communication Groups; facilitator of the “Space for Reflection and Dialogue”: Artistic Expression Experiences at COP26/27/28 for three consecutive years. She has been a guest lecturer on intercultural communication at UDK-Berlin, Fresenius University for Applied Sciences, Freie Universität Berlin, and Charité Medical School in Berlin.

**22、Michal Lev 博士 (以色列)** 是一名获得委员会认证的艺术治疗师、督导师和家庭心理治疗师。她是奥诺学院艺术治疗研究生课程的讲师, 也是以色列魏兹曼科学研究院的客座讲师, 为学生的研讨论文提供指导, 并推广以艺术为基础的教学法和研究。她发表的研究和演讲主要集中在亲密关系、基于艺术的研究和以创作过程为导向的教学法。

她的临床实践包括为有心理健康问题的成年人提供住院和门诊治疗。在她为夫妻和家庭开设的私人诊所中, Michal 采用了表达性治疗来处理亲密关系问题并促进身心健康。2016-2022 年间, Lev 博士是以色列表达性治疗组织 YAHAT 批准委员会的负责人, 支持表达性治疗的公共立法。自 2022 年以来, 她一直是国际创造性艺术教育与治疗协会 (IACAET) 的执行委员会成员, 也是开放获取期刊《CAET》的联合编辑。作为一名社会活动家、艺术家和企业家, 她坚持以艺术创作促进创新、探索和

知识。自 2023 年 10 月 7 日恐怖袭击以来，Michal 在建立现场治疗中心、监督和治疗受害者及幸存者方面发挥了重要作用和影响力。

## **22. Michal Lev, Israel, Ph.D., LCAT, CMFT**

Dr. Michal Lev is an accredited board-certified art therapist, supervisor, and a certified family psychotherapist. She is a faculty lecturer at the graduate art therapy program at Ono Academy – ASA, and a guest lecturer at Weizmann Institute of Science in Israel, advising students in their seminar thesis and promoting art-based pedagogy and research. Her published research and presentations focus on intimacy, art-based research, and creative process-oriented pedagogy.

Her clinical practice included inpatient and outpatient treatments for adults with mental health issues. In her established private practice for couples and families Michal incorporates expressive therapies to deal with intimacy issues and promote wellbeing. Dr. Lev was the head of the approval committee for YAHAT- the Expressive Therapies Organization in Israel between 2016-2022, supporting public legislation for expressive therapies. Since 2022 she is an Executive Committee member in the International Association for Creative Arts in Education and Therapy (IACAET), and a co-editor for the open access Journal – CAET. As a social activist, artist, and enterpreneur, she maintains artmaking for innovation, inquiry and knowledge. Since October 7th, 2023 terrorist attack, Michal has been significant and influential in the establishment of field-treatment centers, supervising and treating victims and survivors.

**23、Joan Wittig (美国)**，高阶督导级舞蹈治疗师，创造性艺术治疗师，美国纽约 Pratt 学院舞蹈/动作治疗研究生项目的联合创始人、前主任和教员。她是亿派学院中美舞蹈治疗师职业认证培训项目的项目总监，纽约真实动作研究中心的创始人和主任。

## **23. Joan Wittig, USA, MS, BC-DMT, LCAT**

Joan is the co-founder, former Director and faculty member of the Graduate Dance/Movement Therapy Program at Pratt Institute in New York City. She is the Program Director for the dance/movement therapy training program of Inspirees International. She is the founder and Director of the New York Center for the Study of Authentic Movement.

**24、Rosa Maria Govoni (意大利/瑞士)**，心理治疗师，高阶督导级舞蹈治疗师，真实动作“四人圈”导师，感知运动心理治疗师（一级），凯斯腾伯格动作侧写 KMP 入门（一级）。意大利艺术治疗学院表达性心理治疗分院联合主任，舞蹈治疗培训项目前任负责人及现任继续教育负责人，APID 创办者，亿派学院中美舞蹈治疗师职业认证项目的高级导师。Rosa Maria 在意大利从事临床工作，在不同的国家授课，并以多种语言出版作品。



#### **24. Rosa Maria Govoni, Italy/Switzerland, BC-DMT**

Rosa Maria is a psychotherapist, teacher and clinical supervisor of DMT and Authentic Movement. She is the former Director of DMT Training Program, Co-Director Institute Expressive Psychotherapy in Art Therapy Italiana and is now Director of Continuing Education. She teaches in China for Inspirees, in Germany, Austria, Turkey, Russia, Switzerland. In 1997 co-founded APID various publications.

**25、Mitchell Kossak 博士 (美国)** 是莱斯利大学表达性治疗研究生部的教授。2006 年至 2013 年，他担任该系系主任。他是国际表达性艺术治疗协会 (IEATA) 2010-2016 年的主席和执行联合主席。自 1994 年以来，他一直是一名持证心理健康顾问，还是一名注册表达性艺术治疗师 (REAT)。他是《应用艺术与健康杂志》的副主编，也是莱斯利大学艺术与健康研究所的联合主席。他在临床工作中将表达性艺术治疗与以身体为中心的方法相结合，为不同人群解决慢性疼痛、创伤恢复、抑郁、焦虑、生活转型和人际关系等问题。此外，他还与自闭症儿童和成人开展了广泛的合作。

Mitchell 接受过多种身心模式的培训，包括极性疗法、颅骶疗法、深层组织按摩和生物能量学。在表达性艺术治疗方面，他接受过音乐治疗、实验戏剧、心理剧和真实动作的培训。除了这些培训，他还学习和练习了太极、气功、维帕萨纳冥想和艾扬格瑜伽等以能量为基础的治疗方式，时间长达 30 多年。

他在联合学院和大学获得了跨学科研究博士学位，主修表达性艺术治疗和超个人心理学。他曾在国内和国际会议上撰写和发表关于节奏调谐、即兴、心理精神和基于社区的创伤和意识具身化状态工作方法的研究报告。他著有《表达性艺术治疗中的调谐》，是《应用艺术与健康杂志》的副主编，也是莱斯利大学艺术与健康研究所的联合主席。Mitchell 还是一名职业音乐家，过去 30 年一直在波士顿地区演出。

#### **25. Mitchell Kossak, USA, LMHC, REAT**

Dr. Mitchell Kossak is a professor in the Department of Graduate Expressive Therapies at Lesley University. He served as Department Chair from 2006 to 2013. He was the President and Executive Co-Chair for the International Expressive Arts Therapy Association (IEATA) 2010-2016. He has been a licensed mental health counselor since 1994 and is a Registered Expressive Arts Therapist (REAT). He is the Associate Editor of the Journal of Applied Arts and Health and Co-Chair of the Institute for Arts and Health at Lesley University. His clinical work combines expressive arts therapies with body-centered approaches with a variety of populations addressing issues such as chronic pain, recovery from trauma, depression, anxiety, life transitions and relationships. In addition, he has worked extensively with autistic children and adults.

Mitchell has trained in a variety of mind body modalities including Polarity Therapy, Craniosacral Therapy, Deep Tissue Massage and Bioenergetics. In Expressive Arts Therapies he has training in music therapy, experimental theater, psychodrama, and authentic movement. In addition to this training, he has studied and practiced energy based healing forms such as Tai Chi, Chi Kung, Vipassana meditation, and Iyengar yoga for over 30 years.

He earned his doctorate from the Union Institute and University in interdisciplinary studies with a concentration in Expressive Arts Therapy and Transpersonal Psychology. He has written about and presented his research on rhythmic attunement, improvisation, psychospiritual and community-based approaches to working with trauma and embodied states of consciousness at conferences nationally and internationally. He is the author of *Attunement in Expressive Arts Therapy: Toward an Understanding of Embodied Empathy*. He is the Associate Editor of *The Journal of Applied Arts and Health* and Co-Chair of the Institute for Arts and Health at Lesley University. Mitchell Kossak is also a professional musician, performing for the past 30 years in the Boston area.

**26、Dominik Havsteen-Franklin 博士 (英国)** 是布鲁内尔大学 (艺术治疗) 实践教授, 拥有艺术心理治疗和隐喻学博士学位。他还是伦敦中央和西北 NHS 基金会信托基金国际艺术心理治疗培训中心 (ICAPT) 负责人、欧洲艺术治疗联合会副主席和英国艺术治疗师协会理事会成员。他的研究重点是运用实证方法调查和评估使用艺术来促进健康状况的改变。他最近的研究集中在共同设计和调查基于艺术的动态人际疗法 (ADIT) 治疗抑郁症、为一线医护人员提供创造性和复原力参与 (CaRE)、在南非发展基于艺术的社会心理实践, 并且是一项由英国国家卫生研究院资助的大规模研究试验 (ERA) 的共同申请者, 该试验调查艺术治疗对心理健康服务中不同群体的有效性。Dominik 指导来自不同艺术学科的博士生。他还持续担任顾问、艺术心理治疗师和国家卫生服务机构的临床督导。

#### **26. Dominik Havsteen-Franklin, UK, PhD**

Dominik Havsteen-Franklin is a Professor of Practice (Arts Therapies) at Brunel University, with a Ph.D. in Art Psychotherapy and Metaphor. He is also head of the International Centre for Arts Psychotherapies Training (ICAPT) for Central and North West London NHS Foundation Trust, Vice President for the European Federation of Art Therapy and a member of the Council for the British Association of Art Therapists. His research focuses on applying empirical methods to investigating and evaluating the use of arts to facilitate changes in health conditions. His recent research has centred on co-designing and investigating Arts-based Dynamic Interpersonal Therapy (ADIT) for depression, Creative and Resilience Engagement (CaRE) for frontline healthcare workers, developing arts-based psychosocial practice in South Africa, and is a co-applicant for an NIHR funded large scale RCT (ERA) investigating the effectiveness of arts therapies for heterogenous groups in mental health services. Dominik supervises PhD students from a range of arts disciplines. He also continues to work as a consultant, an art psychotherapist and a clinical supervisor for the National Health Service.

**27、Michelle Chan (中国香港)** , ADTA 董事会认证舞蹈/动作治疗师、认证临床创伤专家 (家庭)、真实动作从业者、表演者、舞蹈教师、教育家、心理健康倡导者和 Move2be (创造性艺术治疗) 在香港的创始人/董事。Michelle 在香港出生和长大, 毕业于美国纽约 Pratt 学院, 获得舞蹈/动作治疗硕士学位, 以及香港演艺学院表演艺术学士学位。自毕业以来, 她与不同文化背景的不同人群一起工作, 包括儿童、青少年、高功能成年人、有特殊需要的人、经历过心理健康问题和创伤的人、护理人员和患有痴呆症的老人。Michelle 利用创造过程和表演作为宣传平台, 提高全社会对心理健康问题和整体福祉的认识, 并推广“通过动作成为我们自己”的理念。她支持来访者和学员基于身体、思想、情感、行为和心理的相互联系, 融合舞蹈/动作治疗、心理动力学、中医五行和创伤知情护理。

### **27. Michelle Chan, Hong Kong China**

Michelle Chan is a Board-certified Dance/Movement Therapist (BC-DMT), certified clinical trauma specialist (family), authentic movement practitioner, performer, dance teacher, educator, advocate for mental health and founder/director of Move2be (Creative Arts Therapy) in Hong Kong. Michelle was born and raised in Hong Kong and graduated from Pratt Institute with an MA in Dance/Movement Therapy, and a BA in Performing Arts from the Hong Kong Academy. Since graduation she has worked with various populations across diverse cultural backgrounds, including children, adolescents, high functioning adults, people with special needs, people who experience mental health issues and trauma, caregivers and the elderly with dementia. Michelle utilizes creative processes and performance as a platform for advocacy, to raise awareness of mental health issues and holistic wellbeing throughout society and promoting the concept of “Becoming who we are through movement”. She supports clients and students to explore the life force within them based on the interconnection of body, mind, emotions, behaviour and psyche, from a theoretical framework that integrates elements of dance/movement therapy, psychodynamics, Five Elements of Traditional Chinese Medicine, and trauma-informed care.

**28、Karen A. Studd**, 拥有俄勒冈大学的舞蹈硕士学位, 拉班/芭特妮芙动作研究院 (LIMS) 认证动作分析师, 国际躯体动作教育和治疗协会 (ISMETA) 的躯体动作教育大师和注册躯体动作治疗师。Studd 是 WholeMovement 的创始成员之一, WholeMovement 是一个由动作分析师组成的团队, 致力于提高拉班/芭特妮芙动作体系 (LBMS) 在全球的认知度。她在国际上的多个动作分析培训项目中担任项目协调员和核心教员。她曾在美国、加拿大、欧洲、墨西哥、以色列和中国教授 LBMS。在美国, 她曾在俄勒冈大学、威斯康星大学、乔治·华盛顿大学、马里兰大学和乔治·梅森大学的舞蹈学院任教, 在那里她担任了 20 多年的终身教师。

作为 LBMS 的教师，她专注于通过动作意识培训实现个人成长和职业发展。她的主要兴趣是促进对所有学科中人类动作的意义和重要性的理解。Studd 也是一位作者，她贡献了多篇与 LBMS 相关的人类动作的研究论文。她是《每个个体都是一个机体》（EveryBody is a Body）一书的合著者，该书是关于人类动作现象的著作，目前已出版第二版。她还为 WholeMovement 网站撰写博文，网站地址是：  
<https://wholemovement.org/blog/>。

## **28. Karen A. Studd, USA, CMA**

Karen Studd has a Master's degree in Dance from University of Oregon and is certified in movement analysis through the Laban/Bartenieff Institute of Movement Studies (LIMS). Studd is also a Master Somatic Movement Educator and Registered Somatic Movement Therapist through ISMETA (International Somatic Movement Education and Therapy Association). She is a founding member of WholeMovement, a group of movement analysts working to increase the visibility of the Laban/Bartenieff Movement System (LBMS) worldwide. She serves as a Program Coordinator and core faculty member in multiple movement analysis training programs internationally. She has taught LBMS in the US, Canada, Europe, Mexico, Israel and China. In the USA she has taught for the University of Oregon, the University of Wisconsin, George Washington University, The University of Maryland and George Mason University in its School of Dance, where she was a tenured faculty for over twenty years.

As a teacher of LBMS, she is focused on both personal and professional development through movement awareness training. Her primary interest is in promoting the understanding of the significance and importance of human movement across all disciplines. Studd is also an author who has contributed to multiple research papers focused on human movement linked to the LBMS. She is a co-author of EveryBody is a Body, a text on the phenomenon of human movement now in its second edition. She also writes blog posts for the WholeMovement website which can be found at:

<https://wholemovement.org/blog/>

**29、Catherine (Cat) Maguire**，动作教育家和舞蹈艺术家。她是拉班/芭特妮芙动作体系（LBMS）的大师级教师和认证动作分析师（CMA），曾在美国、欧洲、墨西哥和中国教授并共同协调动作分析认证培训项目。Maguire 是国际躯体动作教育和治疗协会（ISMETA）的躯体动作教育大师，也是 WholeMovement 的教员，WholeMovement 是一个由动作分析师组成的团队，共同促进全球范围内的动作研究。她与人合著了四篇关于表达性机器人系统的论文，以及一篇关于动作记谱作为翻译情境下的动作教育的跨文化工具的论文。她与 Amy LaViers 博士合著的《用机器创造意义：拉班/芭特妮芙视角的躯体策略、编舞技术和符号抽象》（2023）由麻省理工学院出版社出版。她是纽约市 Offspring 舞团的创始人和艺术总监，是新泽西州麦迪逊市德鲁大学舞蹈课程的创始人和负责人，也是皮德蒙特弗吉尼亚社区学院的舞蹈助理教授，在那里她开发了舞蹈副学士学位项目。她住在弗吉尼亚州中部，

在那里她教授持续性的动作课程 (The Articulate Body) , 旨在通过动作促进自我表达、身体连接和转变, 她也是弗吉尼亚州夏洛茨维尔的 Deep Water Moves 舞团的公司顾问。

### **29. Catherine Maguire, USA, CMA**

Catherine (Cat) Maguire is a movement educator and dance artist. She is a master teacher of the Laban/Bartenieff Movement System (LBMS) and a Certified Movement Analyst (CMA), having taught and co-coordinated movement analysis certification training programs in the US, Europe, Mexico, and China. Maguire is a Master Somatic Movement Educator (MSME) through the International Somatic and Movement Education Association (ISMETA) as well as a faculty member of WholeMovement, a coterie of movement analysts working together to promote movement studies globally. She has co-authored four papers on expressive robotic systems and a paper on movement notation as a cross-cultural tool in movement education taught in translation. She is the co-author with Dr. Amy LaViers of Making Meaning with Machines: Somatic Strategies, Choreographic Technologies and Notational Abstractions through a Laban/Bartenieff Lens (2023) published by MIT Press. She was the founder and artistic director of Offspring Dance Company in New York City and the founder and head of the dance program at Drew University in Madison, NJ as well as assistant professor of dance at Piedmont Virginia Community College, where she developed the associate's degree program in dance. She lives in central Virginia where she teaches ongoing movement classes (The Articulate Body) designed to foster self-expression, body connectivity and transformation through movement at McGuffey Art Center, and the company advisor for Deep Water Moves Dance Company, in Charlottesville, VA.

**30、郭海平 (中国)** , 当代艺术家, 中国原生艺术先驱, 南京原生艺术工作室创始人和原生艺术系列主编。他致力于探索和研究心理障碍人士的原生艺术, 以改变中国的文化环境。他于 2010 年成立了第一家精神病患者艺术中心, 并在南京建业区和鼓楼区建立了两个原生艺术工作室。他的书包括《走出迷茫的心灵》, 《日光浴: 20 年的艺术项目》, 《我病顾我在》, 《中国原生艺术手记》。

### **30. Guo Haiping, China**

Guo Haiping is a contemporary artist, the pioneer of Chinese Outsider art, the founder of Nanjing Outsider art studio and the chief editor of Outsider art Series. He devoted himself to the discovery and research of Outsider art of people with mental disturbance for changing the environment of Chinese culture. He established the first art institute for the mental patients in 2010 and established two Outsider art studios in the community of Jianye District and the community of Gulou District in Nanjing. His books include Out of the maze of mind, Sunbathe: art projects of 20 years, I am sick, therefore I am, Notes of Outsider art in China.

**31、徐娴 (中国)**，目前是西悉尼大学社会科学学院的博士候选人，国家二级心理咨询师，澳洲 ACA 认证心理咨询师。研究领域涵盖创意戏剧，戏剧治疗，跨文化关系和移民社区的文化认同与心理健康支持。她拥有西悉尼大学跨文化研究硕士学位，其研究成果入选学院奖，以及中央戏剧学院的戏剧导演硕士学位，中国传媒大学的文艺编导学士学位。她的多元实践背景还包括在中国和澳洲大学担任讲师、社区参与项目负责人、健康教育工作者、NDIS 及照护者支持服务协调员、策展人及社区艺术治疗师等多种角色。

在其研究中，聚焦于通过创造性戏剧探索华裔澳大利亚年轻人的文化归属感、身份认同和情感健康。她的项目旨在运用应用戏剧、即兴表演、被压迫者戏剧以及戏剧治疗等方法，帮助参与者通过表演和讨论来探讨自我意识和文化身份的复杂性，进而提升他们的情感健康和归属感。此研究在澳洲、美国等世界性学术会议进行演讲分享。

她的研究不仅对文化敏感的社区发展和心理健康支持具有学术贡献，同时也为实践提供了创新的策略，帮助移民社区在不同文化背景下建立桥梁。徐娴希望通过创新性的实践研究，为多元文化社区的发展提供更多实用性和理论支持。

### **31. Xu Xian, China**

Xian Xu is a PhD candidate at the School of Social Sciences (Art Therapy) at Western Sydney University, as well as a National Second-Level Psychological Counsellor in China and an ACA-certified counsellor in Australia. Her research focuses on creative drama, drama therapy, cross-cultural relationships, and supporting immigrant communities' cultural identity and mental health. Xian holds a master's degree in Cross-Cultural Studies from Western Sydney University, where she received a Dean's Merit List award. She also has a Master's degree in Drama Directing from the Central Academy of Drama, and a Bachelor's degree in Literature and Art Direction from the Communication University of China. Her diverse practical background includes roles as a university lecturer in both China and Australia, a community engagement project officer, a health educator, an NDIS and caregiver support services coordinator, a curator, and a community art therapist.

Xian's current research explores how creative drama can help Chinese-Australian young adults navigate cultural belonging, identity, and emotional well-being. Using methods such as applied drama, improvisation, Theatre of the Oppressed, and drama therapy, she fosters self-awareness and addresses the complexities of cultural identity. Her research has been presented at global academic conferences and forums in Australia and the United States.

Xian's work bridges theory and practice, providing innovative strategies to support culturally sensitive community development and mental health support for immigrant communities. Her goal is to contribute to the growth of multicultural communities through the creative arts, enriching both their practical and theoretical foundations.

**32、陈慧静（中国）** 博士在奥尔堡大学获得了音乐治疗学博士学位，现于中国科学院心理研究所从事博士后研究。作为一名注册音乐治疗师，她主要专注于团体音乐治疗，并曾为监狱服刑人员、药物使用障碍者以及有发育障碍的儿童和成人提供治疗服务。

**32. Chen Xijing, China, PhD**

Dr. Xi-Jing Chen received a Doctor of Philosophy in music therapy at Aalborg University. She is currently working as a post doctor at the Psychology Institute, the Chinese Academy of Sciences. As a registered music therapist, she mainly focuses on group music therapy and has been working with prison inmates, people with drug use disorders, and children and adults with developmental disorders.

**33、彭勇文博士（中国）** 是上海戏剧学院戏剧文学系教授，中国心理学会艺术治疗学组副组长，国际期刊《创造性艺术教育及治疗》编委。主要从事艺术教育、艺术疗愈等领域的研究与实践，出版专著《戏剧与培训》，翻译国内首部戏剧治疗专著《躺椅和舞台：心理治疗中的语言与行动》。上海朗诵协会理事，有数十年语言艺术的创作和教学经验，曾为多个人文电视节目录音，获得上海市朗诵大赛一等奖。他与国际艺术教育及治疗的学术界有广泛的联系，是《创造性艺术教育及治疗-东西方视角》（CAET）国际学术期刊的中方编委，美国戏剧治疗协会和诗歌治疗协会会员。他还是陈氏太极拳大师王西安的入室弟子。

**33. Peng Yongwen, China, PhD**

Dr. Yongwen Peng is a professor of Shanghai Theatre Academy, with PhD of Performance Studies. His work focuses on arts educational and therapy. His book, Theatre and Training (2011) is the first of its kind in China and he has translated the book on drama therapy by NYU's professor Robert Landy, The Couch and the Stage: Integrating Words and Action in Psychotherapy (2012) He is a board member of Chinese Arts Therapies Group, and the member of North American Drama Therapy Association, and National Association for Poetry Therapy. He is also a voice artist and has practiced Tai'chi for 20 years as a member of the 2nd generation of the Chen-style Tai'chi Master Wang Shi'an.

**34、彭琳（中国）**，副研究员，美国舞蹈治疗协会受训舞蹈治疗师，亿派学院认证舞蹈治疗中文导师，舞动帕金森一阶导师，IACAET 创造性艺术教育及治疗协会会员。专注于舞蹈治疗领域的研究与实践工作，积极推广涵盖特殊儿童的儿童律动、亲子及老年团体创意舞动，以及舞蹈治疗相关理念与方法。在研究方向上，涉及特殊儿童的儿童律动、亲子及老年团体创意舞动、舞蹈治疗以及帕金森病舞动疗法等多个方面。

### **34. Peng Lin, China.**

Peng Lin is an Associate Researcher, Trained as Dance Therapist by American Dance Therapy Association, Certified Chinese Instructor of Inspirees Institute, Dance for Parkinson's I Instructor, Member of IACAET. She specializes in research and practice in the field of dance therapy, and actively promotes children's movement for children with special needs, creative dance for parent-child and senior groups, as well as dance therapy related concepts and methods. Her research interests include children's movement for children with special needs, creative dance for parent-child and elderly groups, dance therapy, and dance therapy for Parkinson's disease.