

# The World Arts and Embodiment Forum (WAEF) 世界艺术身心学论坛

## Authentic Movement Summit

April 21-23, 2023

**Organizer (主办单位)** Inspirees Education Group  
**Partners (支持单位)** Russia DMT Association, IACAET, CAET

Major topics 主题领域	History	历史
	Theory	理论
	Education	教育
	Clinical application	临床应用
	Community	社区
	Indigenous healing	本土疗愈
	Ecology	生态学
	Performance	表演
	Social justice	社会公平
	Wellbeing	幸福感
	Spirituality	精神性
	Professional practice	专业实践
	Leadership	领导力

R/K: Roundtable group discussion/Key conversation	120min
W: Workshop	90min
P: Presentations	30min
A: Art Performance	60min

### (Tentative Program)

21-Apr

Time						Code	Title	Speaker(s)	Topic
BJ	NY	AMS	London	San Francisco					
9-9:30am	9-9:30pm 20-Apr			6-6:30pm 20-Apr	P1	Authentic Movement - An Entry Point to Symptom and Chronic Illness	Elyn Selu	Clinical application, Wellbeing, Professional practice	
9:30-10am	9:30-10pm 20-Apr			6:30-7pm 20-Apr	P2	Desire - An awakening into the deep body	Brinda Sarah Jacob	Community	
3-3:30pm		9-9:30am	8-8:30am		P3	Closing my eyes to see you	Sarka Bartuskova	Education/Clinical application	
3:30-4pm		9:30-10am	8:30-9am		P4	Effects of a Single Movement Intervention on Psychiatric Patients with Depression: Interoceptive Awareness as a Mediating Factor	Cheng Zengyan	Clinical application	
break for 15 minutes									
4:15-4:45pm		10:15-10:45am	9:15-9:45am		P5	MoverWitness interdisciplinarity	Eila Goldhahn	Theory/Ecology/Performance	
4:45-6:15pm		10:45am-12:15pm	9:45-11:15am		W1	Ebb and Flow: continuity of experience through Art and Authentic Movement	Rosa Maria Govoni & Mimma Della Cagnoletta	Wellbeing/Professional practice	
7-7:15pm	7-7:15am	1-1:15pm	12-12:15pm	4-4:15am	O	Opening	Curators		
7:15-8:45pm	7:15-8:45am	1:15-2:45pm	12:15-1:45pm	4:15am-5:45am	W2	Duet: Blending Internal Family Systems (IFS) with the Discipline of Authentic Movement(DAM)	Susan E Cahill & Betina Weissman	Theory/Clinical application/Spirituality	
break for 15 minutes									
9-11pm	9-11am	3-5pm	2-4pm	6-8am	K1	Roundtable discussion with panel and delegates on questions arising from the international teachers of AM inquiry group	Tina, Helen, Irina, Soraya, Marcia, Rosa Maria, Yael (moderator: Hilda)	Reflexions on various themes made with an International Authentic Movement Teachers Discussion Group	

**22-Apr**

Time						Title	Speaker(s)	Topic
BJ	NY	AMS	London	San Francisco				
8-9:30am	8-9:30pm 21-Apr			5-6:30pm 21-Apr	W3	The body knows: harvesting the essence of gesture integrating meditation and aspects of Authentic Movement	Susan Bauer	Wellbeing/Spirituality/Professional practice
9:30-11am	9:30-11pm 21-Apr			6:30-8pm 21-Apr	W4	DreamDancing: Engaging the Opposites through Authentic Movement	Tina Stromsted	Clinical application
3-3:30pm		9-9:30am	8-8:30am		P6	Do not look at me	Monika Ptasinska	Clinical application/Professional practice
3:30-4pm		9:30-10am	8:30-9am		P7	Authentic Movement and Zen practice	Ding Jie	History/Theory/Professional practice
break for 15 minutes								
4:15-5:45pm		10:15-11:45am	9:15-10:45am		W5	Authentic Movement Inspirations and influences on the development of Physical Storytelling	E. Connor Kelly	Community/Wellbeing
7:15-8:45pm	7:15-8:45am	1:15-2:45pm	12:15-1:45pm		W6	Expanding the edges of synchrony and attunement	Terese Gjernes & Riki Bloom	Theory/Clinical application/Social justice
break for 15 minutes								
9-10:30pm	9-10:30am	3-4:30pm	2-3:30pm	6-7:30am	K2	An Evolution of Embodied Consciousness: Celebrating Janet Adler's New Book	Paula Sager & Bonnie Morrissey	History/Community/Spirituality

**23-Apr**

Time						Title	Speaker(s)	Topic
BJ	NY	AMS	London	San Francisco				
8-9:30am	8-9:30pm 22-Apr			5-6:30pm 22-Apr	W7	Invitation to Find A Bit of Witch Power in Your Body: A workshop for female identified persons	Annie Blair	Social justice
3-3:30pm		9-9:30am	8-8:30am		P8	TI VEDO _ I SEE YOU A collective journey in Authentic Movement	Collective of the AM Master 2019-2020	Performance/Spirituality/Professional practice
3:30-4pm		9:30-10am	8:30-9am		P9	Honoring the dancing female body, embodiment of soul and spirit of the time	Antonella Monteleone	Clinical application/Social justice/Spirituality
break for 15 minutes								
4:15-4:45pm		10:15-10:45am	9:15-9:45am		P10	Clarity of Verbalization: The importance of language in the practice of Authentic Movement	Katee Yan Shen	Professional practice
4:45-5:15pm		10:45-11:15am	9:45-10:15am		P11	The Knowing Body: direct experience, embodied ways of knowing, embodied language and development of embodied witness consciousness.	Aleksandra Schuller	Theory/Clinical application/Spirituality
break for 15 minutes								
5:30-7pm		11:30am-1pm	10:30am-12pm		W8	The discipline of authentic movement and the development of the ecological self	Helen Payne	Ecology/Clinical practice/Community/Wellbeing/Spirituality
8:30-9pm	8:30-9am	2:30-3pm	1:30-2pm		P12	Overcoming Social Isolation Through Arts In Virtual Communities (Authentic Movement Solo Groups)	Olga (Olesya) Bondareva	Community/Wellbeing/Professional practice
9-10:30pm	9-10:30am	3-4:30pm	2-3:30pm	6-7:30am	K3	Seminar with Janet Adler	Janet Adler	Theory/Wellbeing/Spirituality
						<b>Ending</b>		

\* Please notice that New York Time and San Francisco Time is referring to the current Daylight Savings Time, and subject to change according to the actual scheme in US in 2023.