

Inspirees Institute, CAET Journal, IACASE

in partnership with Hangzhou Normal University, Present

## **CAET World Forum**

### **Healing Soul through Arts – Connecting Eastern and Western Wisdom**

March 6 - 10, 2020

Hangzhou, China

Inspirees Institute, *Creative Arts Education and Therapy (CAET)* – open access journal, in collaboration with Hangzhou Normal University, International Association of Creative Arts Somatic Education (IACASE), present the first Creative Arts Education and Therapy World Forum in March 2020 in Hangzhou, China.

The mission of the Forum is to establish a platform to further communication, dialog and cooperation between the East and West regarding the arts in therapy, education and human understanding. The theme of the Forum 2020 is ***Healing Soul through Arts – Connecting Eastern and Western Wisdom*** which responds to the challenges for the world and the calls for leadership amidst great swathes of conflict. Our societies manifest a need for healing. The West is looking to the East again for time-proven wisdom and inspiration as it did a century ago. And China, after opening itself and letting many things flow in from the outside, has started to reflect on the Western influences and its own traditions and values. The keynotes, presentations, workshops, roundtable meetings, art exhibition and performances at the Forum will highlight the development of arts education and therapy in China and the world. About 300 participants from China and overseas are expected. This is an excellent opportunity to present your work and to network with Chinese, Asian and international colleagues.

The CAET World Forum rotates between China/Asia, Europe and America in partnership with well-established universities and institutes. It is the premier event connecting China/Asia to the world in the field of creative arts education and therapy.

#### **Keynotes & Presentations**

- **Management of Chronic Pain in Medically Unexplained Symptoms: The BodyMind Approach**  
*Prof. Helen Payne, University of Hertfordshire (UK)*

- **Dancing into the Neurotic Personality of Our Time – In Search of Lost Self**  
*Joan Wittig, Pratt Institute (USA)*
- **From West to East Creative Movement: A Universal Language in a Digital age**  
*Marcia Plevin, Creative Movement Association (Italy)*
- **Dance Therapy in Dynamics – Perspectives of Ancient Chinese Wisdom**  
*Prof. Lee Tsungchin, National Chengchi University (Taiwan)*
- **Thematic Duality Change and Constant - The Paradox and Tension Between Innovation and Tradition**  
*Karen Studd, Laban/Bartenieff Institute of Movement Studies (USA)*
- **Community Art Education in China – Development and Frontiers**  
*Dr. Mei Jiao-yin, Hangzhou Normal University (China)*
- **Outsider Arts in China: Dialogue Between Academia and Society**  
*Haiping Guo, Nanjing Outsider Art Studio (China), Dr. Meng Peixin, Central Academy of Fine Arts (China)*
- **The Choreography of Technology: Laban/Bartenieff Movement System & Expressive Robots**  
*Cat Maguire, Laban/Bartenieff Institute of Movement Studies (USA)*
- **CAET: A Scientist's Perspectives and Journey**  
*Dr. Tony Yu Zhou, Inspirees Institute (China/The Netherlands)*
- **International Crisis Work with Children - Potential of Play Therapy and Expressive Arts Modalities**  
*Claudio Mochi, Italy Play Therapy Association (Italy)*

### Master class & workshop

- **The Discipline of Authentic Movement from an Integrative Psychotherapy Perspective**  
*Prof. Helen Payne, University of Hertfordshire (UK)*
- **The Body as Basis: Experiencing the Anatomical Infrastructure of the Human Design**  
*Karen Studd (USA)*
- **DMT/Play Therapy/Drama Therapy Workshop**  
*Dr. Steve Harvey (New Zealand), Claudio Mochi (Italy)*
- **Dance/Movement Therapy Supervision**  
*Joan Wittig (USA)*
- **Mobilization with Social Engagement: A Polyvagal Perspective for Dance/Movement Therapy**  
*Dr. Christina Devereaux (USA)*

**Program**

<b>Program</b>	<b>Date</b>	<b>Topic</b>	<b>Presenters</b>
Pre-conf workshop	Mar 6	Master class: The Discipline of Authentic Movement from an Integrative Psychotherapy Perspective	Helen Payne
		Integration of Dance Therapy, Drama Therapy and Play Therapy for Children and Family	Steve Harvey, Claudio Mochi
Conference	Mar 7	Keynotes and Presentations	
		Managing Chronic Pain in Medically Unexplained Symptoms: The BodyMind Approach	Helen Payne
		Dancing into the Neurotic Personality of Our Time – In Search of Lost Self	Joan Wittig
		Outsider Arts in China: Dialogue between Academia and Society	Guo Hai-ping, Meng Pei-xin
		Thematic Duality Change and Constant - the Paradox and Tension between Innovation and Tradition	Karen Studd
		Community Art Education in China – Development and Frontiers	Mei Jiao-yin
		Dance Therapy in Dynamics – Perspectives of Ancient Chinese Wisdom	Lee Tsung-chin
		From West to East Creative Movement: A Universal Language in a Digital Age	Marcia Plevin
		CAET: A Scientist’s Perspectives and Journey	Tony Zhou
		Art Exhibition and Film	
		Panel discussion, Awarding Ceremony, Gala	
Conference	Mar 8	Presentation and workshop: Laban/Bartenieff and somatics	Karen Studd, Cat Maguire et al.
		Workshop & Presentation: Arts Therapies in Education	Marcia Plevin, Joan Wittig, Christina Devereaux, Meng Pei-xin, Guo Hai-pin et al.
		Workshop & Presentation: Arts Therapies in Community	
		Workshop & Presentation: Arts Therapies in Clinical	
		Workshop & Presentation: Arts Therapies in Corporate	
Art Exhibition and Film			
Post-conference workshop	March 9-10	Dance/Movement Therapy Supervision	Joan Wittig
		Mobilization with Social Engagement: A Polyvagal Perspective for Dance/Movement Therapy	Christina Devereaux

The updated program can be found online <https://inspirees.eventbank.com/event/caet-world-forum-8856/>

### Invited speakers

Helen Payne, University of Hertfordshire (UK)



Professor Helen Payne, PhD; UKCP; Fellow ADMP Reg. dance movement psychotherapist pioneered DMP in the UK leading the professional association, first post graduate accredited training, research and publications. She is trained in Laban Movement Analysis, Person-Centered Counselling, Group Analysis and Authentic Movement, works with children, adolescents and adults, conducts research, supervises PhDs, teaches and examines at doctorate level nationally/internationally. She is the founding editor-in-chief for the international peer reviewed journal 'Body, Movement and Dance in Psychotherapy' published by Taylor and Francis. Trained in the discipline of authentic movement since 1994 she has been facilitating circles as a form of group psychotherapy ever since. She is clinical manager for the University of Hertfordshire's service which supports people with persistent bodily symptoms for which tests and scans come back negative. She has recently been honoured to have been invited to join the Therapies Task Force for Medically Unexplained Symptoms.

Joan Wittig, Pratt Institute (USA)



Joan Wittig is the co-founder and former Director of the Graduate Dance/Movement Therapy Program at Pratt Institute in New York City, where she continues to be a full time faculty member. Wittig developed, implemented, and is the Program Director of the first dance/movement therapy training program in China from Inspirees Institute, and is co-founder and Director of the New York Center for the Study of Authentic Movement. She has contributed to several journals and books, including the first book on creative arts therapy published in Japanese. Wittig is the subject of a film on dance/movement therapy, "Moving Stories – Portraits of Dance/Movement Therapy". She has received an Outstanding Service Award and an Exceptional Service Award from the American Dance Therapy Association. She is currently serving as the Chairperson of the ADTA Standards and Ethics Committee.

Marcia Plevin, Creative Movement Association (Italy)



Marcia Plevin's background has taken her from performing artist, choreographer and dance teacher in New York city, to Italy where, she studied to become a dance movement therapist, an American board certified counselor and Italian psychologist, to pioneering DMT in Italy, Finland and Turkey. She co-founded in 1993 the training program Creative movement- method Garcia-Plevin. She received DMT training from Art Therapy Italiana in collaboration with Goldsmith College, University of London with a certification of art psychotherapist. She is a senior faculty member and supervisor for

the Institute of Expressive Arts Psychotherapy, Art Therapy Italiana. Clinical practice in the past 20 years has been with patients recovering from substance abuse, adult psychiatric patients and with hemo-oncological unit patients on the pediatric unit of the Vatican children's hospital. Authentic Movement teacher and trainer she has begun and followed groups in Italy, Finland and Turkey.

Karen Studd, Laban/Bartenieff Institute of Movement Studies (USA)



Studd is also a Registered Somatic Movement Therapist and Registered Somatic Movement Educator through ISMETA (International Somatic Movement Education and Therapy Association). For over twenty years Studd has served as a Program Coordinator and has taught in LBMS training programs in the US, Canada, Europe, Mexico and Israel. As a teacher of Movement Analysis she is focused on personal and professional development through movement. Although she came to the Laban/Bartenieff work through the art of dance, Studd sees herself as movement educator/artist, and dance as a highly specialized area of application within the larger body of knowledge that is movement itself. Her interest is in the understanding of the importance of human movement across all disciplines.

Guo Haiping, Nanjing Outsider Arts Studio (China)



Guo is a contemporary artist, the pioneer of Chinese Outsider art, the founder of Nanjing Outsider art studio and the chief editor of Outsider art Series. He devoted himself to the discovery and research of Outsider art of people with mental disturbance for changing the environment of Chinese culture. He established the first art institute for the mental patients in 2010 and established two Outsider art studios in the community of Jianye District and the community of Gulou District in Nanjing. His books include Out of the maze of mind, Sunbathe: art projects of 20 years, I am sick, therefore I am, Notes of Outsider art in China.

Christina Devereaux, Drexel University (USA)



Christina Devereaux, PhD, LCAT, LMHC, BC-DMT, NCC is an Associate Clinical Professor and Program Director for the Dance/Movement Therapy and Counseling program at Drexel University, College of Nursing and Health Professions. She is former Program Director and Associate Professor at Antioch University New England in the Department of Applied Psychology and Adjunct Associate Professor at Pratt Institute for 13 years. She currently serves on the senior faculty at Inspirees, a training program for DMT in China, and an international faculty member for Dance Therapy New Zealand. She served as co-editor of the American Journal of Dance Therapy from 2011-2017 and a two time President's Award recipient from the American Dance Therapy Association (ADTA) for her outstanding contributions to the profession (2008 and 2017). She was featured on National Public Radio (NPR), CCTV, the largest television station in China, and as a presenter for the 2014 ADTA Talks series focusing on DMT and autism. In addition to authoring many chapters and

journal publications, she has a blog with Psychology Today "Meaning in motion: Dancing with the mind in mind."

Steve Harvey, University of Guam (USA)



Steve Harvey, PhD, RPT/S, BC-DMT, RDT is currently doing psychological consultations in schools and is an adjunct faculty member in the Clinical Psychology department at the University of Guam. Previously Steve worked as the Consultant Psychologist with the Child and Adolescent Mental Health Service in New Plymouth, New Zealand. Prior to becoming involved in mental health, Steve was active in improvisational dramatic/dance performance. He and his wife Connor have developed and continue to practice Physical Storytelling in several countries. Besides being a clinical and educational psychologist,

Steve is a registered with the American Dance, Drama, and Play Therapy Associations and has been an active contributor in the integration of all the expressive modalities. He has lead workshops in movement-based family play therapy internationally for last twenty-five years. He is currently presenting and publishing arts-based research using Physical Storytelling in cross cultural contexts.

Tony Yu Zhou, Inspirees Institute (China)



Dr. Tony Yu Zhou holds a doctoral degree in biomedical sciences and has been working and living in China and Europe for many years. Though trained as a scientist, he has been greatly intrigued by modern dance and dance therapy since 2002 and has played an important role in driving the development of dance therapy in China. Dr. Zhou served on an international advisory board for the journal *Body, Movement and Dance in Psychotherapy*. He founded Inspirees Institute and Creative Arts Education and Therapy

– Eastern and Western Perspectives, the international journal. He is also a certified movement analyst (CMA) trained by Laban/Bartenieff Institute of Movement Studies in New York. Dr. Zhou is the team leader for the Chinese Group of Arts Therapy, Chinese Psychological Society, Guest Professor of Beijing Normal University, and co-founder and core member of World Alliance of Dance Movement Therapy.

Cat Maguire, Laban/Bartenieff Institute of Movement Studies (USA)



Cat is a movement educator, dance artist, Certified Movement Analyst (CMA), Registered Somatic Movement Educator (RSME), and a master teacher of the Laban/Bartenieff Movement System (LBMS). Cat has taught and co-coordinated Movement Analysis Certification Programs in the US, Europe, Mexico and China. Cat is also a collaborator and consultant for the Robotics, Automation and Dance (RAD) Lab at the University of Illinois Urbana-Champaign under the direction of Dr. Amy LaViers where she works with roboticists on embodied movement training and analysis to support the development of

expressive robotic systems. After graduating Phi Beta Kappa from Wesleyan University with honors in dance and psychology, she was the artistic director of Offspring Dance Company in New York City and the founder



and head of the dance program at Drew University in Madison, NJ. She was assistant professor of dance at Piedmont Virginia Community College (PVCC), and a member of WholeMovement.

Claudio Mochi, Italian Association of Play Therapy (Italy)



Claudio Mochi is a licensed Clinical Psychologist and Registered Play Therapist Supervisor (APT). Expert in emergency and disaster mental health, including the use of clinical/community psychology and Play Therapy in post disaster situations and Trauma. Since 2001, for more than a decade, he has participated to crisis interventions, created and developed psychosocial programs addressing the needs of disaster survivors and trained local professionals in several countries such as Kosovo, Serbia and Montenegro, Iran, Palestine, Pakistan, Lebanon, Sri Lanka and Haiti. Mochi is Founder and President of the *Associazione per la Play Therapy Italia (APTI)*. He also co-founded the *International Academy for Play Therapy studies and PsychoSocial Project (INA)* based in Switzerland with which he develops Play Therapy training in Europe and projects based on Play Therapy in several countries including Switzerland, Nigeria, India and Venezuela. On trauma and post-disaster intervention Claudio Mochi has presented at XIX APT Conference (Cleveland, 2012), at the Australasia and Pacific Conference as Keynote (Sydney, 2017).

Ronald P.M.H. Lay. Lasalle College of Arts (Singapore)



Ronald Lay is passionate about his prolific and international career as an art therapist practitioner, educator, supervisor, researcher and artist. He enthusiastically embraces collaborative opportunities to engage a range of communities through arts participatory projects, drawing reference to inclusivity, the celebration of one's creativity and the importance of connectedness to others through the inherent power of artmaking. He is recognized for his long-standing and profound work within forensic mental health with older adults, and he has been leading the first and only postgraduate art therapy programme in Southeast Asia since 2011. He has an emerging research profile that compliments his practitioner, art and academic based approaches. He maintains credentials and professional memberships with the Australian, New Zealand and Asian Creative Arts Therapies Association (ANZACATA), Art Therapy Credentials Board (ATCB), the American Art Therapy Association (AATA), and the Art Therapists' Association Singapore (ATAS). He is currently pursuing a Doctorate in Education from the University of Western Australia.

(More speakers will be added)

## Presentation

### Keynote:

#### **Management of Chronic Pain in Medically Unexplained Symptoms: The BodyMind Approach**

Helen Payne

Chronic bodily symptoms for which tests and scans come back without a diagnosis are called 'medically unexplained symptoms' (MUS) (or more recently somatic symptom disorder). They often include chronic pain such as backache, headache, IBS, fibromyalgia etc. The BodyMind Approach, based on dance movement therapy, has been specifically designed as an intervention in the UK National Health Service to support people with MUS to learn how to self-manage their condition. The presentation will provide an overview of how synchronous group work can benefit people with pain symptoms.

#### **From West to East Creative Movement: Keeping Our Bodies Alive in a Digitized Age**

Marcia Plevin

Creative Movement (CM) training came to China through the bodies of its teachers. The journey to the East has brought CM into different countries. Each culture's attitudes towards the body/mind/soul and spirit have colored, given life, and form to individual and group creative processes which have, in turn, shaped and affected the teachers. The Eastern journey of CM has been accompanied by a global phenomenon, the advent of digital technology which affects the body and relationships between bodies. What does direct experience, vital to healing with the arts, mean in our own bodies and between bodies with the use of digital mediums? Has the body been both "lost" and "found" in this time? How do the art therapy, somatic and creative movement practices respond to this phenomena and what is the role they may have in keeping the body alive and creative in this digitalised age?

#### **CAET - A Scientist's Perspectives and Journey**

Dr. Tony Yu Zhou

How do scientists view art and appreciate its contribution to their work and eventually to the development of human beings? How do Chinese learn from the West and combine that with their cultural background to strengthen personal growth? Originally trained as a scientist in China, Dr. Zhou stepped into the art world during his research work in the Netherlands. This opened a new door for him to look at the universe and human beings from a different angle. In 2005 he started the journey of integrating science and art in his professional and personal life. Besides several international training programs he founded in China since 2010, in 2015 Dr. Zhou, with the support from his colleagues, established Creative Arts Education and Therapy (CAET) – Eastern and Western Perspectives, an international journal bridging China and the world and a platform for mutual dialogues and collaboration between East and West. To accomplish the mission, both creativity and determination are required. Zhou will share his professional and personal experiences for this adventurous journey navigating



between the art and science domains with an international dimension and how he brings this to advance arts therapy in China.

### **The Choreography of Technology: Laban/Bartenieff Movement System and Expressive Robots**

Cat Maguire

Movement analysis training and embodied experience is essential to developing interactive technology that continues to interface more and more with humans. In our current work and living environment we need to utilize the skills of artists to “choreograph” our technological systems for the optimum interface of function and expression. By revealing the purpose of movement patterns within a context, the Laban/ Bartenieff Movement System (LBMS) can provide a bridge between human movement and technology, facilitating the development of technology that best serves our needs. Maguire will share the work she has been doing with Dr. Amy LaViers of the Robotics, Automation and Dance (RAD) Lab at the University of Illinois Urbana-Champaign, and the ways in which she utilizes the Laban/Bartenieff Movement System to train engineers and artists alike for working toward expressive robotic systems.

### **International Crisis Work with Children - the potential of Play Therapy and Expressive arts modalities**

Claudio Mochi, Isabella Cassina

Play and different Expressive arts modalities are not only powerful tools to prevent and overcome psychological problems, but also to foster, especially in children, the development of a variety of skills, including the ability to cope with very difficult circumstances. This presentation will focus on the application of the therapeutic powers of play and different Expressive modalities to promote children’s well-being and trauma recovery in everyday highly distressing contexts and/or in a post-disaster scenario. An introduction to different crisis situations will be given, emphasizing in particular the role that professionals from the therapeutic and educational field might employ in such circumstances. The presenters, who have provided child therapy services and training in international settings, will focus on the critical factors of play, safety and relationship in different phases of the intervention. With specific regard to Play Therapy, the use of different approaches and techniques will be discussed together with a variety of Expressive arts techniques that can be used as self-care and stress management by professionals, helpers and referent adults.

(More presentations will be added)

## Workshop

### **Master class: The Discipline of Authentic Movement from an Integrative Psychotherapy Perspective**

Prof. Helen Payne

Authentic movement was founded on Jung's concept of the active imagination and the collective unconscious where symbolic meaning is seen in physical expression. However, it has connections with psychodynamic psychotherapy, group analysis, and mindfulness. Its language resonates with Rogerian person-centred psychotherapy. In this workshop, the discipline of authentic movement (Adler, 2002) will be explored from humanistic, psychodynamic and analytical psychology perspectives. The format of dyad, triads and groups will be the basis of the examination. Languageing the experience will be given careful attention. The day will refer to research in authentic movement.

### **The Body as Basis: Experiencing the Anatomical Infrastructure of the Human Design**

Karen A. Studd

This workshop will focus on accessing the form of our human design through an experience of our skeletal anatomy and why this infrastructure is so profound. We will explore finding ease in the rhythms and sequencing of fundamental kinetic chains as well as some basic approaches in using "hands-on work" in the process of facilitating a re-patterning process. Topics will include:

- How do the parts connect to the Whole? Body systems and tissues – skin, muscle, fluids, bones, organs, fascia - the orchestrated symphony of our anatomic harmony
- Why the skeletal emphasis?
- How to access to our length, our width and depth through the 3 dimensions of our living anatomy. The Space of being and doing and the balance of tensegrity
- Breathing and walking - the 2 Titans of connectedness and integration
- Synergistic actions of Rhythms and Phrasing
- Senses and sensing
- Touch - Intention communication
- Patterns of Body Organization - differentiation and integration in the relationship of parts/whole
- Access to weight and access to flow (being and doing in the personal and the universal baselines of the human movement experience)
- Gravity has a pull and a push - Thoracic Core and Pelvic Core and gravity and levity

### **Integration of Dance Therapy, Drama Therapy and Play Therapy for Children and Family**

Dr. Steve Harvey, Claudio Mochi

This workshop will present applications of the Drama and Dance Therapy to several populations including: working with children and people with disabilities, families, adults with mental health problems, and as personal growth for normal adults. The Creative Arts Therapies include using several expressive modalities in an integrated way to address social/emotional problem solving using a creative process. This workshop will

introduce how the practices of Drama, Dance, and Storytelling can be integrated and applied within a variety of contexts including mental health and educational settings. Techniques such as Play Back Theatre and Physical Storytelling will add to effective clinical practice. Attention will be given to the use of these approaches when verbal means are not as effective.

### **Constructed Narratives & Discourse: Integrating Professional & Personal Perspectives on East/West Wisdom, Healing, Soul & the Arts**

Ronald P.M.H. Lay.

This workshop is designed to invite global participants to purposefully consider the conference theme and aims as related to their own professional and/or personal narrative, experience and vision. Enticed to create and visually document these reflections into a new booklet of their own, participants will, upon completion, return to the group and collectively share their narrative. This experiential workshop serves to ignite and inspire fresh insights in ways that acknowledge and celebrate Eastern and Western wisdom, healing, soul and the arts, as well as emerging trends and international connections through a creative and visual format. Art materials will be provided however, participants may wish to bring their own range of preferred materials suitable for creative work within an actual hardcover book which will be provided to them at the time of the workshop.

### **Mobilization with Social Engagement: A Polyvagal Perspective for Dance/Movement Therapy**

Christina Devereaux

This experiential workshop will examine how dance/movement therapy serves as a vehicle for expressive communication and a bridge to enhance the social engagement system for individuals and groups. Based on Stephen Porges' empirically supported research about the physiological basis of social bonding behavior and the neurophysiology of feeling safe, participants will examine dance/movement therapy intervention through the Polyvagal perspective. Participants will explore this movement-based approach to treatment and provide practical strategies to utilize in clinical intervention that will build awareness of these physiological state shifts and support the activation of the ventral vagus nerve via music, breathing exercises, and play.

(More workshops will be added)

### **Who is the conference for?**

Arts educators, performing artists, creative and expressive arts therapists, psychologists, medical professionals, researchers, policy makers, consultants and body/mind (somatic) practitioners.

## Fees

We have special price to encourage the participation of oversea participants (not living in China)

Module	Content	Standard fee	Reduction fee
Pre-conference workshop (March 6)	Pr-W1: Master class: The discipline of authentic movement from an integrative psychotherapy perspective (Helen Payne)	170 USD	120 USD
	Pr-W2: Integration of dance therapy, drama therapy and play therapy for children and family (Steve Harvey, Claudio Mochi)	170 USD	120 USD
Conference (March 7-8)	Keynotes, presentations, workshops, exhibitions, gala	300 USD	240 USD
Post-conference workshop (March 9-10)	Po-W1: Dance/Movement Therapy: Supervision, Mobilization with Social Engagement: A Polyvagal Perspective for Dance/Movement Therapy (Christina Devereaux, Joan Wittig)	400 USD	320 USD
Post-conference workshop (March 13-15)	Po-W2: The Body as Basis: Experiencing the Anatomical Infrastructure of the Human Design (Karen A. Studd)	500 USD	400 USD

- Fees above doesn't include VAT if applied, neither the accommodations
- Reduction rates apply to overseas students and individuals not funded by institutions, contributors of presentations and workshops. Please contact [conference@inspirees.com](mailto:conference@inspirees.com) to apply
- Early bird: 10% discount before December 31, 2019, only applies to standard rates
- Special offer: for those who register all five-day events on March 6-10 with standard rates can apply for the free participation of post-conference workshop on March 13-15
- Participants will be informed later to select different presentations and workshops on March 8

## Registration

Register online <https://www.eventbrite.com/e/caet-world-forum-tickets-56619445285> or send email to [conference@inspirees.com](mailto:conference@inspirees.com)

## Contacts

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## Call for proposals

The call for papers and workshops submissions is now open (**Deadline 1 Jan 2020**) on the following topics in line with the theme of the Forum: Healing Soul through Arts – Connecting Eastern and Western Wisdom.

- Practice, education and research related to arts and health/wellbeing promotion
- The arts: poetry, dance, music, theatre, visual art (including calligraphy) – focusing on dialog and the relationship between the arts in the East and the West in both theory and practice. Traditional and contemporary art-making can be explored.
- The mind–body (somatic) relationship in different cultures, comparison of various healing methods, both traditional and modern; e.g., acupuncture, and the martial and meditative arts (e.g., Chi kung and Tai chi). Eastern and Western concepts of health and disease and how healing methods are related to these. Prevention and cure of disease.
- Buddhist and Taoist perspectives on the arts. Comparative philosophical approaches to aesthetics.
- Concepts of the person in different cultures – the senses, emotions, breath, consciousness and spirit–in relation to society, culture and nature.

### Types of contributions

#### Presentation

The duration for oral presentations is **15 minutes** followed by **5 minutes** for a Q&A.

#### Workshop

The duration for workshops is **75 minutes** which includes a Q&A.

### Submission

Please send your proposals by email to [conference@inspirees.com](mailto:conference@inspirees.com) with Full name, Affiliation, Title, Abstract (within 400 words), and Biography (within 200 words) with the indication of choices below.

	Presentation	Workshop
Laban and somatics	P1	W1
arts therapy in education	P2	W2
arts therapy in community	P3	W3
arts therapy in clinical	P4	W4
arts therapy in corporate	P5	W5

Submitting contributors will be notified of acceptance in due time. Accepted contributors will need to register and pay their fee (reduction fee) before being included in the programme.

## About Hangzhou



The CAET World Forum 2020 will take place on March 6-10 in city center of Hangzhou (杭州), the capital city of Zhejiang Province, east China. The former capital of the Southern Song dynasty, Hangzhou is often referred to as Shanghai's backyard thanks to its location less than 180 kilometers southwest of the country's largest city.

One of China's most enduringly popular holiday spots and scenic cities surrounded by nature, Hangzhou dreamy West Lake panoramas and fabulously green hills can easily tempt you into long sojourns. Eulogised by poets and applauded by emperors, the lake has intoxicated the Chinese imagination for aeons. Kept spotlessly clean, its scenic vistas draw you into a classical Chinese watercolor of willow-lined banks, mist-covered hills and the occasional stone-gate house and old residential lane. Hangzhou, once described the "finest and most splendid city in the world" by Marco Polo, is currently one of the most dynamic cities in China which hosted the [2016 G20 summit](#). Alibaba, the world famous e-commerce company as well as Chinese Academy of Fine arts are situated in Hangzhou. Check online for more about Hangzhou

<https://www.lonelyplanet.com/china/zhejiang/hangzhou>





Asian Center of Creative Arts Therapies (ACCAT), Hangzhou suburb, post-conference workshop, March 13-15

### Sponsors and exhibitors

In order to support a number of colleagues who are not fully funded by institutions or who are students, we are seeking sponsorship. If your organization has funds that could be used for such support, we would be extremely grateful for your support!

We invite arts education and health organizations to apply to exhibit and sponsor at the Forum. Your organization (schools, art centers, hospitals, publishers, service providers, etc.) will have the opportunity of full exposure to the potential students/customers, professionals and institutions in China, Asia and other countries over the five-day (March 6-10, 2020) period. A dedicated area with tables will be available at the conference venue. There are three level of sponsorship with limited space for this Forum. If your organization is interested, please contact us by email: [conference@inspirees.com](mailto:conference@inspirees.com)

#### SPONSORSHIP PACKAGE

	PLATINUM SPONSOR <b>3,000 USD</b> 1 AVAILABLE	GOLD SPONSOR <b>2,000 USD</b> 2 AVAILABLE	SILVER SPONSOR <b>750 USD</b>
Sponsor Branding Priority	Highest Priority	2nd Priority	2nd Priority
Complimentary Conference Registrations (March 6-8)	4	2	1
Space for Exhibition (access to wifi, power, table and chairs if required)	2 x 3m in a priority position	2 x 3m in a priority position	2 x 3m in a priority position
Logo and profile on conference website (sponsor section)		*	*
Logo included in all event collateral including conference webpages and sponsor section, brochure, flyers, etc.	*		
Promotion via social media and other digital platforms	*	*	*

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Logo on stage backboard and venue signage	*	*	
Official recognition of sponsor at Conference opening and closing sessions	*		
Opportunity for brochure insert in delegate bags	*	*	
Logo and Conference Involvement included in post- conference report, promoted internationally	*	*	
Recognition in Conference Programme	*	*	
Advertisement in event guide	Full Page	Half Page	